



## **Paawidigong First Nations Forum Inc.**

Northern Region of Treaty #3 Territory  
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### **FETAL ALCOHOL SPECTRUM DISORDER EDUCATION PROGRAM NEWSLETTER**

**Aboriginal Fetal Alcohol Spectrum Disorder (FASD) and Child Nutrition Program (CNP) at Paawidigong First Nations Forum Inc. mission statement and mandate:**

The overall goal of the FASD/CNP is to provide education, prevention and awareness activities through creative, interactive and engaging programming that are culturally competent and appropriate.

The FASD/CNP community based programming and activities:

- To provide education, prevention and awareness of FASD.
- To promote and provide education on the importance of healthy and proper Child Nutrition.
- To develop culturally appropriate educational resources.
- To provide one-on-one education and support to clients and families directly and indirectly affected by FASD.
- To coordinate referrals specialized services.
- To provide peer counseling and advocacy on FASD and Case Management.

#### **Overview**

Paawidigong First Nations Forum hired the Fetal Alcohol Spectrum Disorder (FASD) Program Co-Ordinator in 2001-02. In 2004, an FASD Educator was added to assist with the education component in the FASD program. Raising awareness through education about FASD was the direction that was given by the Ministry of Children Youth Services

for Paawidigong First Nations Forum due to the lack of information and knowledge of FASD in this area at that time.

Education and awareness are promoted by our poster campaigns in each community, workshops/education activities in the schools, presentations, health fairs and the Nutrition bingos to promote healthy food habits. Sometimes the FASD program works in partnership with other service providers in each First Nation to facilitate larger activities and functions.

In the fiscal year of 2015/16 a consultation process was conducted in each community to identify whether the FASD program was reaching the target population. As much as possible we work with what the communities have identified as a need for the promotion of healthy Anishinaabe children, youth and families who are directly or indirectly affected by FASD in the Northern Region of Treaty #3 Territory.

The office is well stocked with hard copy FASD resource materials on many topics that have been developed for the program over the years. Topics range from basic FASD information, parenting, drugs and alcohol, nutrition and related materials on healthy relationships, puberty and maintaining healthy lifestyles. An open invitation is extended to the community members and service personnel from our catchment area to visit our office located at 105 King St. in Dryden.

### **The Aboriginal Fetal Alcohol Spectrum Disorder and Child Nutrition Program is a program administered by the Ontario Ministry of Children and Youth**

The Aboriginal [Fetal Alcohol Spectrum Disorder \(FASD\)](#) and Child Nutrition Program is designed and delivered by Indigenous service providers to Indigenous children, youth and families across Ontario. The program provides:

- healthy lifestyle education
- personal support
- traditional cultural activities which promote FASD prevention and healthy nutrition

Individuals living with FASD and their families are offered intervention support services.

Program staff also:

- produce community resource materials
- offer professional development training on prevention and intervention to both Indigenous and non-Indigenous social service providers, educators, justice and medical personnel
- provide training on healthy nutrition to community service providers and families

## **Organizations offering the Aboriginal FASD and Child Nutrition Program**

- [Anishinaabeg of Kabapikotawangag Resource Council](#)
- [Anishnawbe Health Toronto](#)
- [Anishnawbe Mushkiki Aboriginal Community Health Centre](#)
- [Association of Iroquois and Allied Indians](#)
- [De dwa da dehs nye>s Aboriginal Health Access Centre](#)
- [Gizhewaadiziwin Health Access Centre](#)
- [Independent First Nations](#)
  - [Temagami First Nation](#)
  - [Shawanaga First Nation](#)
  - [Bkejwanong Territory](#)
  - [Animbiigoo Zaagi'igan Anishinaabek](#)
- [Kenora Chiefs Advisory](#)
- [Mississaugas of the New Credit First Nation](#)
  
- [Maamwesying, North Shore Community Health Services](#)
- [Mohawk Council of Akwesasne](#)
- [Nishnawbe Aski Nation](#)
- [Noojmowin Teg Health Centre](#)
- [Ontario Federation of Indigenous Friendship Centres](#)
- [Paawidigong First Nations Forum](#)
- [Shkagamik-Kwe Health Access Centre](#)
- [Six Nations Health Services of the Grand River](#)
- [Southwest Ontario Aboriginal Health Access Centre](#)
- [Union of Ontario Indians](#)
- [Waasegiizhig Nanaandawe;oyewigamig \(Kenora Area Health Access Centre\)](#)
- [Wabano Centre for Aboriginal Health](#)